

Tim's Testimonial

Nearing 40 years, I found that running was increasingly affecting my hips and IT bands. This resulted in consistently slowing me down and disrupting my running schedule, making it difficult to maintain or enhance my fitness. Having now visited Stewart Barcelo on and off for the past two years to receive treatment with the MAT for my pain, I have consistently been amazed at how quickly the problems I present with resolve after treatment.

I have never experienced a physical therapy intervention that has lead to results as quickly as MAT, which has meant that I am able to get back to running sooner, and spending less time and money on treatments. If your a runner prone to pain and injury like myself, and you desire results, MAT will deliver. – Tim Ehmann